

## **References for Psychological Pseudoscience – Helms, S. W. (2014)**

### **EMDR**

#### **Basic Theory and Usage:**

Shapiro, F. (1998). *EMDR: The Breakthrough "Eye Movement" Therapy for Overcoming Anxiety, Stress, and Trauma*. New York, NY: Basic Books.

#### **Critique:**

Herbert, J., Lilienfeld, S., Lohr, J., Montgomery, R., O'Donohue, W., Rosen, G., & Tolin, D. (2000). Science and pseudoscience in the development of eye movement desensitization and reprocessing: Implications for clinical psychology. *Clinical Psychology Review, 20*(8), 945–971.

### **THOUGHT-FIELD THERAPY**

#### **Basic Theory and Usage:**

Callahan, R. (2002). *Tapping the Healer Within: Using Thought-Field Therapy to Instantly Conquer Your Fears, Anxieties, and Emotional Distress*. New York, NY: McGraw-Hill.

#### **Research with Bad Protocol:**

Figley, C. R., & Carbonell, J. L. (1999). A systematic clinical demonstration of promising PTSD treatment approaches. *Electronic Journal of Traumatology, 5* [On-line].

## ALCOHOLICS ANONYMOUS

### History of A.A.:

Kurtz, E. (1980). *Not-God: A History of Alcoholics Anonymous*. Center City, MN: Hazelden Educational Services.

Pittman, B. (1988). *AA the Way it Began*. Seattle, WA: Glenn Abbey Books.

### Connection to The Oxford Group:

Cheever, S. (2004). *My Name is Bill. Bill Wilson: His Life and the Creation of Alcoholics Anonymous*. New York, NY: Simon & Schuster.

### Research on Effectiveness:

Smith, D. I. (1986). Evaluation of a residential AA program for women. *Alcohol and Alcoholism, 20*, 315-327.

Smith, D. I. (1985). Evaluation of a residential AA program. *International Journal of the Addictions, 21*, 33-49.

Toningan, J. W., Miller, W. R., & Connors, G. J. (2000). Project MATCH client impressions about Alcoholics Anonymous: Measurement issues and relationship to treatment outcomes. *Alcoholism Treatment Quarterly, 18*, 25-41.

## MILGRAM OBEDIENCE STUDY

### Basic Information:

Milgram, S. (1974). *Obedience to Authority: An Experimental View*. London: Tavistock Publications.

Milgram, S. (1963). Behavioral Study of Obedience. *Journal of Abnormal and Social Psychology, 67*(4), 371-378.